

# Twin Cities *Foot & Ankle* Conference

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**Saint Paul RiverCentre**  
**November 4-6, 2021**

# SHINING A LIGHT ON PERIPHERAL ARTERY DISEASE

**NON-SURGICAL, NON-  
HOSPITAL SOLUTIONS FOR  
YOUR PAD & CLI PATIENTS**

**WE BRING BRILLIANCE TO HEALTH AND WELLNESS**

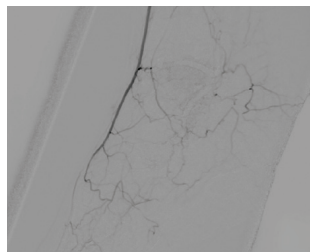
## SHINE ON



## OUTPATIENT SOLUTIONS FOR PAD & CLI FROM RAYUS VASCULAR CARE

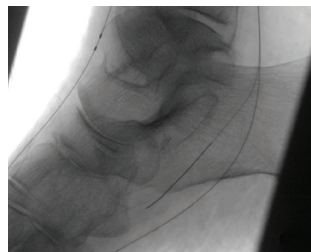
Help your patients with critical limb ischemia (CLI) and non-healing wounds avoid amputation – and hospitalization – with minimally-invasive revascularization solutions from RAYUS Vascular Care.

If you're looking for an accessible, outpatient partner for your patients, call us today to schedule a consultation.



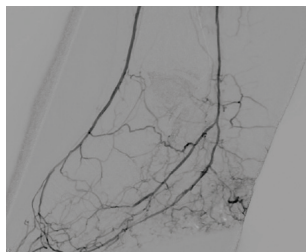
### BEFORE

*Blood flow to the foot is limited due to blocked and narrow arteries*



### DURING

*Through an endovascular approach, devices cross and reopen blockages*



### AFTER

*Following an outpatient endovascular revascularization, blood flow is fully restored to small arteries of the foot*

### THINK RAYUS VASCULAR CARE FOR PATIENTS WITH:

- Sores or wounds on the feet and toes that do not heal
- Dry gangrene (dry, black skin) of the legs or feet
- Severe pain or numbness in the calves and feet
- Shiny, smooth, dry skin on the legs or feet
- Absent or diminished pulse in the legs or feet
- Slow to heal surgical sites



**SCHEDULE A  
CONSULTATION**

**CALL 952.738.4477**

**ONLINE [RAYUSvascularcare.com](https://www.rayusvascularcare.com)**

### LOCATIONS

ST. LOUIS PARK, MAPLEWOOD, & WOODBURY

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## SHINE ON



# Twin Cities *Foot & Ankle* Conference

Dear Colleague,

We are pleased to welcome you back in-person to Minnesota Podiatric Medical Association's Twin Cities Foot & Ankle Conference.

Our three-day conference will cover the entire spectrum of foot and ankle care in sessions aimed at enhancing your skills in sports medicine, wound care, new surgical techniques and treatments of foot and ankle conditions, and much more. Back by popular demand is the fireside chat and case review on Thursday evening that will offer unique, challenging, and thought-provoking discussion on cases provided by your colleagues. And you won't want to miss the comprehensive lecture series on surgical and office-based billing and coding!

An external fixator lab will be held on Saturday utilizing an interactive lecture and case-based approach that is designed for participants of all skill levels whether or not you currently incorporate external fixation into your practice. Surgeons will be provided with the foundational knowledge of external fixation including the biomechanics of various frame types, indications, application techniques, post-operative management, and potential complications.

MPMA's annual business meeting will be held on Friday from 6:00-7:00 p.m. where members will receive an update on the association's activities and other important information while enjoying cocktails and appetizers.

Don't forget to stop by the exhibit booths to explore and learn about new innovations, products, and services that you do not want to miss from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of excellent prizes. We are grateful for the support our industry partners provide us and the vital role that they play in our community.

## MPMA Board of Directors

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Midwest Podiatry Conference -  
Region V Delegate

# Twin Cities *Foot & Ankle* Conference

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It is a true pleasure to be able to welcome you back in-person at the Twin Cities Foot & Ankle Conference after the unprecedented last year. We hope that you will find the conference to be an exceptional event that delivers the high-quality education you expect from your association.

All our best,

Kyle Abben, DPM, FACFAS  
Scientific Committee Chairman

Marit Sivertson, JD  
Executive Director  
Director of Continuing Education

## Scientific Committee

Kyle Abben, DPM  
Chairman

Kevin Mahoney, DPM

Ryan Reinking, DPM

Marit Sivertson, JD

Steven Smith, DPM

Allison Willkom, DPM

Michelle Winder, DPM

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Marit Sivertson, JD  
Executive Director  
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Maddie Baker  
Communications & Events

# Twin Cities *Foot & Ankle* Conference

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## Thank You to Our Corporate Sponsors

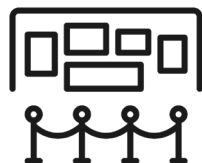
### Platinum



### Gold



### Silver



## Exhibit Booths Visit & Win Prizes!

Stop by the exhibit booths to explore and learn about new innovations, products and services from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of prizes!

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## General Information

### **CONTINUING EDUCATION**

The Minnesota Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Minnesota Podiatric Medical Association has approved this activity for a maximum of 22 continuing education contact hours.

### **INTENDED AUDIENCE**

The intended audience for the conference is podiatric physicians.

### **CANCELLATION POLICY**

A \$50.00 administrative fee will be charged to any cancellation. Cancellations must be made in writing to [info@mnppma.org](mailto:info@mnppma.org) by October 18, 2021. No refunds for cancellations will be honored after this date. Refunds are not granted to no-shows.

### **ATTENDANCE VERIFICATION**

In accordance with Council on Podiatric Medical Education requirements, MPMA is required to monitor educational session attendance to verify CECH earned by each attendee.

Badges are bar-coded with each attendee's personal information. Three badge scans are required each day of the conference except Thursday, where only two badge scans are required. You must scan your badge as noted below to earn CECH.

1. Scan your badge at the start of the first session that you attend for the day.
2. To receive credit for attending a lunch and learn, you must scan your badge at the start of the session. If you do not attend a lunch and learn, you must scan your badge at the start of the first session that you attend after lunch. Not applicable on Thursday.
3. Scan your badge at end of the last session that you attend for the day.

Prorated CECH will be given to attendees who arrive late or leave early based on their scan times.

**CECH certificates will be emailed to attendees by December 1, 2021**

### **COMMERCIAL FINANCIAL SUPPORT**

No commercial interest provided financial support for this continuing education activity.

# Twin Cities *Foot & Ankle* Conference

## LOCATION & PARKING INFORMATION

### Location

Saint Paul RiverCentre  
175 West Kellogg Boulevard  
Saint Paul, MN 55102

### Parking

Entrances: The upper entrance is located on Kellogg Boulevard and the lower entrance is at the intersection of Eagle Street and Chestnut Street.

Skyway Connection: The ramp is directly connected to all event facilities through a climate controlled skyway.

## Registration Information

REGISTRATION CATEGORY	Registered by 10/1	Registered after 10/1
MPMA Member	No charge	\$99
APMA Member	\$499	\$549
Non-APMA Member	\$799	\$849
Student	No charge	No charge
APMA Resident Member	No charge	\$99

## Schedule At-A-Glance

Thursday, November 4, 2021

1:00 p.m.-7:15 p.m. (6 CECH)

Friday, November 5, 2021

7:00 a.m.-6:00 p.m. (9.5 CECH)

Saturday, November 6, 2021

7:00 a.m.-2:15 p.m. (6.5 CECH)

22 CECH Total

## Learning Objectives

Upon the conclusion of the Twin Cities Foot & Ankle Conference, podiatric physicians will be able to:

- Be knowledgeably informed or remember information regarding podiatric conditions, maladies or circumstances relating to the practice of medicine and surgery.
- Extrapolate by comprehension, understanding or perception the insight gained via lecture and discussion relating to the practice of medicine and surgery.
- Formulate or infer by application case relevance relating to the practice of medicine and surgery.
- Distinguish by analysis the appropriate modalities in the treatment, care and protocols of current trends, application and practices of medicine and surgery.
- Generalize, synthesize, or deduce by classification ways to develop treatment protocols based on current literature and evidenced based medicine.
- Compare, contrast and evaluate judgment values for those ideas presented between medical and surgical applications.



# Twin Cities *Foot & Ankle* Conference

## Schedule


**Thursday, November 4, 2021**

**(6 CECH)**

 12:30-1:00 PM

 No CECH

### Registration

 1:00-3:00 p.m.


 (2 CECH)

 Ballrooms C/D

### Hammertoes

- Intraoperative Tips and Pearls for Plantar Plate Repair - Erin Klein, DPM
- The Hammertoe Conundrum - Jeffrey Loveland, DPM
- Complicated and Recurrent Hammer Toes - Erin Klein, DPM

 **Colin Zdenek, DPM**

 3:00-5:00 p.m.

 (2 CECH)

 Ballrooms C/D

### State of the State: Research and Case Studies from Minnesota Residency Programs

 **Colin Zdenek, DPM**

- Midfoot Amputation Healing Rates with Hyperbaric Oxygen Therapy Treatment, A Retrospective Study - Stephanie Ragan, DPM
- Revision Lateral Ankle Stabilization Utilizing a Semitendinosus Allograft in a Patient with Ehler-Danlos Syndrome - Howard Chang, DPM
- Transpositional 1st Metatarsophalangeal Joint Fusion for Recurrent Hallux Valgus Associated with Under-corrected Lapidus Fusion: A Case Report Detailing Patient Selection Considerations and Surgical Pearls - Zachary Lubek, DPM
- Effectiveness of Using Hyperbaric Oxygen Therapy to Reduce Rates of Amputation and Tissue Debridement in Frostbite Patients - Jeffrey Tucci, DPM
- Assessment of Bone Density on CT Scans Between Distal 5%- 10% of the Tibia in Relation to Fixation of Medial Malleolus Fracture - Keegan Duelfer, DPM
- The Lateral Kidner Procedure to Remove a Non-united 5th Metatarsal Base Avulsion Fragment and Re-establish Peroneal Function: A Cases Series to Demonstrate Patient Selection and Surgical Technique Pearls - Kristin Brett, DPM
- A Case of Calcaneal Abscess and Osteomyelitis Treated with Subtotal Calcanectomy - Brett Albert, DPM
- Surgical Implications of Syndesmotic Stability in Ankle Fractures with Associated Posterior Malleolar Fractures - Garrett Nelson, DPM
- Revision Tongue Type Calcaneal Fracture Complicated by Osteomyelitis - Chloe Sakow, DPM
- Management of a Rare Pediatric Lisfranc injury: A Case Study and Literature Review - Andrew Fischer, DPM
- Total Ankle Replacement in Patients with High Frontal Plane Deformity: A Case Series Highlighting Preoperative Decision-Making Pearls and Surgical Technique Tips - Gabriella Ley, DPM

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- Stress Imaging Protocol to Rule Out Chronic Ankle Instability in Patients Presenting with Osteochondral Lesions of the Talus - Justin Metli, DPM
- Revision Surgery for Complications Associated with Keck and Kelly Osteotomy: A Case Study to Highlight Patient Selection Criteria for Index Procedure, Surgical Technique Pearls, and Revision Options - Ben Tonsager, DPM

📅 5:00-5:15 pm

📄 No CECH

## Break

HOSPITALITY SUITE SPONSORED BY PARAGON 28

📅 5:15-7:15 pm

📄 (2 CECH)

📍 Meeting Rooms 4-6

## Fireside Chat and Case Review

This session will offer unique, challenging, and thought-provoking discussion on cases provided by your colleagues. It will be a great forum to solicit ideas about tough surgical cases.

🎤 Kyle Abben, DPM, Kevin Mahoney, DPM, Ryan Reinking, DPM, Colin Zdenek, DPM

**Friday, November 5, 2021**

**(9.5 CECH)**

📅 6:30-7:00 a.m.

📄 No CECH

## Registration

📅 7:00-8:00 a.m.

📄 (1 CECH)

📍 Ballrooms C/D

## Breakfast and Learn

### Angiosome Directed Therapy for the CLI Patient

- Faculty: Nicholas Frank, MD

🎤 Kevin Mahoney, DPM

📅 8:00-9:45 a.m.

📄 (1.75 CECH)

📍 Ballrooms C/D

## Rapid Fire Panel Discussion

🎤 Kyle Abben, DPM, Troy Boffeli, Andrew Lundquist, DPM, Andrew Pankratz, DPM, and Michelle Winder, DPM

🎤 Scott Jorgensen, DPM

📅 9:45-10:30 a.m.

📄 (NO CECH)

## Break

SPONSORED BY RAYUS RADIOLOGY - VISIT BOOTH #34 FOR COOKIES!

# Twin Cities *Foot & Ankle* Conference

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📅 10:30 a.m.-12:00 p.m.

📄 (1.5 CECH)

📍 Ballrooms C/D

## Sports Medicine

- OCDs in the Athlete – Garrett Wobst, DPM
- Posterior Talar Fractures – Andrew Pankratz, DPM
- Metatarsal Stress Fractures – Paul Langer, DPM
- High Ankle Sprains: When is Surgery Indicated - Andrew Pankratz, DPM
- Running Shoes: What's New, What's Changed? – Paul Langer, DPM

🎤 Kevin Mahoney, DPM

📅 12:00-1:00 p.m.

📄 (1 CECH)

📍 Ballrooms A/B

## Lunch and learn

- The Triplane Deformity and The Lapidus Evolution - Christopher Hyer, DPM

🎤 Ryan Reinking, DPM

📅 1:00-3:00 p.m.

📄 (2 CECH)

📍 Ballrooms C/D

## VERSUS

- Ankle Fusion: Open vs. Arthroscopic - Garret Wobst, DPM and Kevin McCann, DPM
- Hallux Rigidus: MTPJ Arthroplasty vs. MTPJ Fusion - Justin Raatz, DPM and Katherine Schnell, DPM
- Acute Deltoid Injury: Fix or Leave Alone - Steven Smith, DPM and Garret Wobst, DPM
- Lisfranc Injury: ORIF vs. Fuse - Ryan Reinking, DPM and Garret Wobst, DPM
- Midfoot and Forefoot Fusions: Early vs. Delayed Post Operative Weight Bearing - Jonathan Thompson, DPM and Katherine Schnell, DPM
- Ankle Lateral Ligament Repair: Traditional Modified Brostrum vs. Bone to Bone Augmentation - Ryan Reinking, DPM and Justin Raatz, DPM
- Jones Fracture: Should We Fix Them All? - Ryan Reinking, DPM

This track will dive into some of the hot topics and current debates in foot and ankle surgery. Two presenters will go head-to-head to defend their approach and answer questions from the moderator to dig deeper into the debate.

🎤 Ryan Reinking, DPM

📅 3:00-3:45 p.m.

📄 (NO CECH)

## Break

# Twin Cities *Foot & Ankle* Conference

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📅 3:45-6:00 p.m.

📄 (2.25 CECH)

📍 Ballrooms C/D

## Charcot

- Patient Optimization for Surgery – Lisa Grant-McDonald, DPM
- Charcot: A Symphony in Two Parts – Kimberly Bobbitt, DPM
- Charcot Reconstruction – Lisa Grant-McDonald, DPM
- Is Salvage Worth It? – Christopher Neese, DPM
- Flap Considerations – Adrienne Ross, DPM

🎤 Steven Smith, DPM

📅 6:00-7:00 p.m.

📄 (NO CECH)

📍 Ballrooms C/D

## MPMA Annual Business Meeting

Enjoy cocktails while reconnecting with colleagues

SPONSORED BY GEMINI MEDICAL

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**Saturday, November 6, 2021**

**(6.5 CECH)**

📅 6:30-7:00 a.m.

📄 No CECH

## Registration

📅 7:00-8:00 a.m.

📄 (1 CECH)

📍 Ballrooms C/D

## Breakfast and Learn

- The Relationship Between Bioburden and Inflammatory Phase of Healing
- Faculty: Jeffrey Lehrman, DPM, CPC

🎤 Allison Willkom, DPM

📅 8:00-9:45 a.m.

📄 (1.75 CECH)

📍 Meeting Rooms 4-6

## Track One

### External Fixation Lab

Utilizing an interactive lecture and case-based approach, this lab is designed for participants of all skill levels whether or not you currently incorporate external fixation into your practice. Participating physicians will be provided with the foundational knowledge of external fixation including the biomechanics of various frame types, indications, application techniques, post-operative management and potential complications.

- Faculty: Adrienne Ross, DPM

🎤 Michelle Winder, DPM

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📅 8:00-9:45 a.m.

📄 (1.75 CECH)

📍 Ballrooms C/D

## Track Two

### Billing/Coding

- How Do I Know If I Am Unbundling When Coding Surgical Procedures?
- Coding for First Ray Surgery
- ICD10 and CPT Code Changes for 2022 You Need To Know
- Faculty: Jeffrey Lehrman, DPM, CPC

🎤 Allison Willkom, DPM

📅 9:45-10:30 a.m.

📄 (NO CECH)

## Break

📅 10:30 a.m.-12:00 p.m.

📄 (1.5 CECH)

📍 Ballrooms C/D

## Bunions

- Distal Metatarsal Osteotomies (Open Procedures) – Jessica Tabatt, DPM
- 1st MTP Joint Fusion for Arthritic Bunions Deformities – Jonathan Thompson, DPM
- MIS Bunion Surgery – TJ Ahn, DPM
- Tips and Tricks for a Reproducible Lapidus Bunionectomy – Kyle Abben, DPM

🎤 Kyle Abben, DPM

📅 12:00-1:00 p.m.

📄 (1 CECH)

📍 Ballrooms A/B

## Lunch and Learn

- Midfoot Deformity Correction in Hallux Valgus Cases - Christopher Reeves, DPM

🎤 Steven Smith, DPM

📅 1:00-2:15 p.m.

📄 (1.25 CECH)

📍 Ballrooms C/D

## Bonehead or Brilliant

A case-based track highlighting interesting and challenging surgical cases led by an expert panel of speakers. This track is known for great panel discussion and debate and each case ends with the panel and audience asking, "Was that Boneheaded or Brilliant?"

- Kyle Abben, DPM
- TJ Ahn, DPM
- Kimberly Bobbitt, DPM
- Scott Jorgensen, DPM

🎤 Michelle Winder, DPM



# PASSION LED US HERE



The APMA Political Action Committee (APMAPAC, formerly PPAC) is a nonprofit, bipartisan fundraising committee through which podiatrists support federal candidates who champion podiatric medicine's issues before the US Congress.

Because of the efforts of APMAPAC and its parent organization, the American Podiatric Medical Association (APMA), the profession has gained a national presence as a political force in Washington, DC. APMAPAC currently ranks 11th in terms of contributions to Congress out of more than 100 health professional political action committees (PACs) currently registered with the Federal Election Commission to contribute to candidates.

APMAPAC neither determines the issues to be addressed on behalf of the profession, nor lobbies Congress on those issues. That is the role of APMA's Legislative Committee, Board of Trustees, and Legislative Advocacy Department.

APMAPAC's role is to support candidates seeking Congressional office in the US House and Senate. The only other legal means for such support is through contributions made directly to a candidate by an individual.

**Scan the QR code to donate today or visit <https://apmapac.square.site>**

## MPMA on Social Media

Receive important member information and stay up to date on issues affecting the practice of podiatric medicine. **Follow us today!**

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# Fight Fungus Without Treatment Resistance



## Terbinafine treatment can be an uphill battle.

Terbinafine resistance is on the rise globally and may occur in patients with terbinafine resistant strains of dermatophytic fungi.

The new terbinafine resistance test, only available at BakoDx, enables you to predict effectiveness before prescribing treatment.\*

**With the BakoDx terbinafine resistance test,  
you know before you treat.**

**Confidently Diagnose & Treat Nail Fungus**



**Bako Diagnostics | 855-422-5628 | bakodx.com**

*\*Available only as part of the Onychodystrophy PCR Test; Terbinafine resistance currently unavailable in NY.*

Gupta, A.K., Renaud, H.J., Quinlan, E.M. et al. The Growing Problem of Antifungal Resistance in Onychomycosis and Other Superficial Mycoses. Am J Clin Dermatol 22, 149–157 (2021). BKMDTAU0003180621

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**Saint Paul RiverCentre**  
**November 4-6, 2021**

## CONTACT US

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Saint Paul, MN 55106

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