

T W I N C I T I E S

foot&ankle

C O N F E R E N C E

PROGRAM GUIDE

SAINT PAUL RIVERCENTRE
NOVEMBER 10-12, 2022



NON-HEALING WOUND CARE

TREATING THE UNDERLYING CAUSE



WE BRING BRILLIANCE TO HEALTH & WELLNESS

RAYUS Vascular Care offers minimally invasive solutions for a variety of vascular conditions. These services are performed in a comfortable outpatient setting, costing far less than services performed in a hospital interventional radiology environment.

Minimally invasive outpatient procedures offer your patients decreased risk, decreased pain and faster recovery times compared to traditional procedures. Our interventional radiologists provide a comprehensive patient evaluation and partner with you to manage your patients' care.

COMMON CAUSES

Open sores, often called non-healing wounds, can occur for many reasons. Some of the most common are:

- Poor circulation
- Diabetes
- Kidney disease
- Leg swelling
- Pressure or friction
- Tobacco use
- Vein disease

OUR COMPREHENSIVE SUITE OF VASCULAR SERVICES INCLUDES

- Peripheral artery disease (PAD) treatment, including artherectomy, angioplasty and stenting
- Venous disease treatment, including endovenous ablation (EVA), ambulatory phlebectomy, ultrasound-guided sclerotherapy and cosmetic sclerotherapy

WHAT RAYUS VASCULAR CARE MEANS FOR YOU AND YOUR PATIENTS

- Peer-to-peer consultations with an interventional radiologist
- Our team of dedicated health care providers will keep you informed of your patients' treatment options and you will have access to your patients' results through our medical professionals portal—insideRAYUS.com
- We are committed to providing high-quality care with a patient-centered approach



**SCHEDULE
A PATIENT**

CALL 952.738.4477

EMAIL RAYUSVascularCare@RAYUSradiology.com

RAYUSradiology.com/vascularcare

SHINE ON



DEAR COLLEAGUE

Welcome to the **Twin Cities Foot & Ankle Conference!**

Our three-day conference will cover the entire spectrum of foot and ankle care in sessions aimed at enhancing your skills in sports medicine, wound care, new surgical techniques and treatments of foot and ankle conditions, and much more. Back by popular demand is the fireside chat and case review on Thursday evening that will offer unique, challenging, and thought-provoking discussion on cases provided by your colleagues.

On Friday evening, MPMA will host a reception for all attendees to reconnect with colleagues and industry members while enjoying cocktails and appetizers. MPMA's annual business meeting will be held on Saturday at 2:15 p.m. where members will receive an update on the association's activities and other important information.

Don't forget to stop by the exhibit hall to explore and learn about new innovations, products, and services that you do not want to miss from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of excellent prizes. We are grateful for the support our industry partners provide us and the vital role that they play in our community.

We hope that you will find the conference to be an exceptional event that delivers the high-quality education you expect from your association.

All our best,

Kyle Abben, DPM, FACFAS
SCIENTIFIC COMMITTEE CHAIRMAN

Marit Sivertson, JD
EXECUTIVE DIRECTOR
DIRECTOR OF CONTINUING EDUCATION

SCIENTIFIC COMMITTEE

Kyle Abben, DPM
CHAIRMAN

Kevin Mahoney, DPM

Ryan Reinking, DPM

Steven Smith, DPM

Allison Willkom, DPM

Michelle Winder, DPM

Colin Zdenek, DPM

Marit Sivertson, JD
EXECUTIVE DIRECTOR

2022 TWIN CITIES FOOT & ANKLE CONFERENCE

THANK YOU

TO OUR CORPORATE SPONSORS

PLATINUM



GOLD



SILVER



GENERAL INFORMATION

CONFERENCE LOCATION

Saint Paul RiverCentre
175 West Kellogg Boulevard
Saint Paul, MN 55102

CONFERENCE PARKING

Entrances: The upper entrance is located on Kellogg Boulevard and the lower entrance is at the intersection of Eagle Street and Chestnut Street. **Skyway Connection:** The ramp is directly connected to all event facilities through a climate controlled skyway.

CONTINUING EDUCATION

The Minnesota Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Minnesota Podiatric Medical Association has approved this activity for a maximum of 22 continuing education contact hours.

INTENDED AUDIENCE

The intended audience for the conference is podiatric physicians.

CANCELLATION POLICY

A \$50.00 administrative fee will be charged to any cancellation. Cancellations must be made in writing to info@mnppma.org by October 1, 2022. No refunds for cancellations will be honored after this date. Refunds are not granted to no-shows.

COMMERCIAL FINANCIAL SUPPORT

No commercial interest provided financial support for this continuing education activity.

Exhibit Booths Visit & Win Prizes!

Stop by the exhibit booths to explore and learn about new innovations, products and services from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of prizes!



REGISTRATION INFORMATION

REGISTRATION CATEGORY	REGISTERED BY OCTOBER 1, 2022	REGISTERED AFTER OCTOBER 1, 2022
MPMA Member	Free	\$99
APMA Member	\$499	\$549
Non-APMA Member	\$799	\$849
APMA Resident Member	Free	\$99
Student	Free	Free

SCHEDULE AT-A-GLANCE

Thursday, November 10, 2022: 1:00 PM - 7:15 PM (6 CECH)
Friday, November 11, 2022: 7:00 AM - 6:00 PM (9.5 CECH)
Saturday, November 12, 2022: 7:00 AM - 2:15 PM (6.5 CECH)

22 CECH Total

LEARNING OBJECTIVES

Upon the conclusion of the Twin Cities Foot & Ankle Conference, podiatric physicians will be able to:

- Describe and better implement emerging medical and surgical trends in forefoot and midfoot surgery.
- Assess complex pathoanatomy of the foot and ankle and effectively apply evidence-based treatments to surgical practice.
- Describe clinical research design and implementation as it pertains to foot and ankle surgery.
- Demonstrate a deeper understanding of complex foot and ankle surgical pathology and how to manage complications more effectively.
- Display a better understanding of bunion deformities and various surgical treatment options and be able to implement new techniques into their practice.
- Understand principles that contribute to effectively diagnosing and managing both cavus and flatfoot patients.

CECH POLICY

In accordance with Council on Podiatric Medical Education requirements, MPMA is required to monitor educational session attendance to verify CECH earned by each attendee.

Badges are bar-coded with each attendee's personal information. You must scan your badge during the scanning times noted below to earn CECH. Your scan times will be recorded and CECH awarded accordingly.

THURSDAY NOVEMBER 10

1st Scan:

When you arrive
at the conference

2nd Scan:

When you leave
the conference

Total CECH: 6

FRIDAY NOVEMBER 11

1st Scan:

When you arrive
at the conference

2nd Scan:

12:00-1:00 PM

3rd Scan:

When you leave
the conference

Total CECH: 9.5

SATURDAY NOVEMBER 12

1st Scan:

When you arrive
at the conference

2nd Scan:

12:00-1:00 PM

3rd Scan:

When you leave
the conference

Total CECH: 6.5

CECH certificates will be emailed to attendees by December 1, 2022

SCHEDULE

THURSDAY, NOVEMBER 10, 2022

1:00-2:00 PM	(1 CECH)	Podiatrists in Leadership: Advancing the Profession & Patient Care Panelists: Nicole Bauerly, DPM, Maren Elze, DPM, Andrew Lundquist, DPM Moderator: Michelle Winder, DPM Ballrooms C/D
2:00-4:00 PM	(2 CECH)	Interesting Cases & Complications – A Panel Discussion Panelists: Kimberly Bobbitt, DPM, Scott Jorgensen, DPM, Jeffrey Loveland, DPM, Christopher Neese, DPM, Stephen Schmid, DPM Moderator: Michelle Winder, DPM Ballrooms C/D
4:00-5:00 PM	(1 CECH)	State of the State: Research & Case Studies from Minnesota Residency Programs <ul style="list-style-type: none"> • Fracture Reduction & Fixation Pearls When Performing Minimally Invasive Repair of Calcaneal Fractures – Michaela Heys, DPM • Nonoperative Management of Ankle Fracture with Chronic Talar Body Fracture Sequelae: A Case Study – Alyse Acciani, DPM, MPH • Surgical Technique for Repair of Atraumatic Tibialis Anterior Tendon Ruptures – Danielle Nack, DPM • ORIF of Lisfranc Injuries Utilizing Flexible Fixation: Indications, Surgical Technique, & Fixation Pearls – Ben Tonsager, DPM • Pediatric Polydactyly with a Bilateral Duplicated First Ray Treated with Excision of the Lateral Extranumerary Ray – Kelly Bier, DPM • The RetroMurphy Procedure: A Modified Achilles Tendon Reattachment Technique to Address Concomitant Ankle Equinus When Performing Retrocalcaneal Surgery – Spencer Arndt, DPM • Surgical Pearls & Fixation Logistics for Subtalar Joint Fusion in Patients Undergoing Future Stage 2 Total Ankle Replacement – Gabriella Ley, DPM Moderator: Colin Zdenek, DPM Ballrooms C/D
5:00-5:15 PM	(No CECH)	BREAK <i>Hospitality Suite Sponsored by Paragon 28</i>
5:15-7:15 PM	(2 CECH)	Fireside Chat & Case Review This session includes unique, challenging, and thought-provoking discussion on cases provided by your colleagues. Dinner will be served. Moderators: Kyle Abben, DPM, Kevin Mahoney, DPM, Colin Zdenek, DPM Ballrooms A/B

SCHEDULE

FRIDAY, NOVEMBER 11, 2022

7:00-8:00 AM	(1 CECH)	BREAKFAST & LEARN Chronic Venous Insufficiency: More Than A Cosmetic Problem – Nicholas Frank, MD Moderator: Kevin Mahoney, DPM Ballrooms C/D
8:00-9:45 AM	(1.75 CECH)	Rapid Fire Panel Discussion Panelists: Kyle Abben, DPM, Andrew Lundquist, DPM, Matthew Sorensen, DPM, Michelle Winder, DPM Moderator: Scott Jorgensen, DPM Ballrooms C/D
9:45-10:30 AM	(No CECH)	BREAK – VISIT EXHIBITORS <i>Sponsored by RAYUS Radiology – Visit Booth #34 for a treat</i>
10:30 AM-12:00 PM	(1.5 CECH)	Show Me Your Bunion <ul style="list-style-type: none"> • Distal Metatarsal Osteotomy Tips & Tricks – Michael Zimmerman, DPM • Minimally Invasive Bunion Surgery – Steven Smith, DPM • Lapidus with Osteotomy Guide – Kevin Mahoney, DPM Moderator: Kevin Mahoney, DPM Ballrooms C/D
12:00-1:00 PM	(1 CECH)	LUNCH & LEARN Surgical Treatment of Hallux Valgus & Tailor's Bunions: The Continuum of Care – Jeffrey Loveland, DPM Moderator: Kyle Abben, DPM Ballrooms A/B
1:00-3:00 PM	(2 CECH)	TRACK ONE Fusions <ul style="list-style-type: none"> • NC & TN Fusions – Catlea Gorman, DPM • Subtalar Joint Fusion – Samantha Luer, DPM • Ankle & TTC Fusions – Kevin McCann, DPM • Managing Segmental Defects for Fusions – Kevin McCann, DPM Moderator: Kyle Abben, DPM Ballrooms C/D TRACK TWO Coding & Compliance – Michael Warsaw, DPM, CPC <ul style="list-style-type: none"> • 2023 E/M Changes & Update • The Top 10 Reasons that Podiatrists are Audited & Fail the Audit Moderator: Michelle Winder, DPM Ballrooms A/B
3:00-3:45 PM	(No CECH)	BREAK – VISIT EXHIBITORS <i>Sponsored by Treace Medical Concepts, Inc. – Visit Booth #13 for a treat</i>
3:45-6:00 PM	(2.25 CECH)	The Highs & Lows: From Flat Foot to Cavus Feet <ul style="list-style-type: none"> • Cavus Reconstructive Surgery – Bradley Lamm, DPM • Flat Foot Surgical Pearls – Bradley Lamm, DPM • A New Perspective on Posterior Tibia Tendon Dysfunction – Scott Carrington, DPM Moderator: Colin Zdenek, DPM Ballrooms C/D
6:00-7:00 PM	(No CECH)	ATTENDEE RECEPTION Cocktails & Appetizers

SCHEDULE

SATURDAY, NOVEMBER 12, 2022

7:00-8:00 AM	(1 CECH)	BREAKFAST & LEARN In Office Wound Care: How to Select the Right Treatment Plan – Ira Kraus, DPM Moderator: Allison Wilkom, DPM Ballrooms C/D
8:00-10:00 AM	(2 CECH)	TRACK ONE Pearls on Clinical Management of the Lower Extremity <ul style="list-style-type: none"> • Evidence Based Footwear Prescribing – Paul Langer, DPM • Foot & Lower Extremity Strengthening: An Emerging Topic of Importance – Paul Langer, DPM • Identifying Nerve Injuries in the Lower Limb – Stephanie Oexeman, DPM • Differential Diagnosis of Forefoot Pain – Erin Klein, DPM • Updates & Treatments for Neuropathic Pain – Stephanie Oexeman, DPM • But I SWEAR They Had Pulses... – Erin Klein, DPM Moderator: Allison Wilkom, DPM Ballrooms C/D TRACK TWO State of the State: Research & Case Studies from Minnesota Residency Programs <ul style="list-style-type: none"> • Short to Mid-term Outcomes after a Percutaneous Repair of Tibialis Anterior Tendon Rupture – Brett Albert, DPM, MPH • Patient Specific Factors to Consider When Selecting Incisional Approaches for Calcaneal Fracture ORIF – Justin Metli, DPM • Logistics of CT Guided Total Ankle Replacement: Patient selection, Preop Planning, & Surgical Pearls – Garrett Nelson, DPM • Interfragmentary Fixation with Intramedullary Nail for Fibular Fractures – Andrew Fischer, DPM • Periarticular Open Wedge Mid-Calcaneal Osteotomy for Severe Valgus Deformity & Associated Tarsal Coalitions – Chloe Sakow, DPM, MPH • Transarticular Delta Screw Configuration for Primarily Ligamentous Lisfranc Injuries – Kristen Brett, DPM Moderator: Ryan Reinking, DPM Ballrooms A/B
10:00-10:45 AM	(No CECH)	BREAK – VISIT EXHIBITORS
10:45 AM-12:00 PM	(1.25 CECH)	Tendon Injuries & Transfers <ul style="list-style-type: none"> • Tibial Anterior Tendon Repair – Kyle Abben, DPM • STATT – Garrett Wobst, DPM • Achilles Tendon – Ryan Reinking, DPM Moderator: Ryan Reinking, DPM Ballrooms C/D
12:00-1:00 PM	(1 CECH)	LUNCH & LEARN MIS Surgery from Toes to Tibia – Noman Siddiqui, DPM Moderator: Steven Smith, DPM Ballrooms A/B
1:00-2:15 PM	(1.25 CECH)	I Wish I Had that One Back Faculty: Catlea Gorman, DPM, Kevin Mahoney, DPM, Noman Siddiqui, DPM, Steven Smith, DPM, Michelle Winder, DPM Moderator: Steven Smith, DPM Ballrooms C/D
2:15-2:45 PM	(No CECH)	MPMA ANNUAL BUSINESS MEETING Ballrooms C/D

F R I D A Y N I G H T

Reception

P L E A S E J O I N U S

FRIDAY
NOVEMBER 11, 2022
6:00 PM

S A I N T P A U L R I V E R C E N T R E



COCKTAILS AND APPETIZERS WILL BE SERVED

Ballrooms A/B

CONTACT US



Minnesota Podiatric Medical Association

1465 Arcade Street
Saint Paul, MN 55106
Phone/Fax: 651.395.7994
Email: info@mnpmma.org
www.mnpmma.org