

T W I N C I T I E S

foot&ankle

C O N F E R E N C E

PROGRAM GUIDE

SAINT PAUL RIVERCENTRE
NOVEMBER 9-11, 2023



NON-HEALING WOUND CARE

TREATING THE UNDERLYING CAUSE



WE BRING BRILLIANCE TO HEALTH & WELLNESS

RAYUS Vascular Care offers minimally invasive solutions for a variety of vascular conditions. These services are performed in a comfortable outpatient setting, costing far less than services performed in a hospital interventional radiology environment.

Minimally invasive outpatient procedures offer your patients decreased risk, decreased pain and faster recovery times compared to traditional procedures. Our interventional radiologists provide a comprehensive patient evaluation and partner with you to manage your patients' care.

COMMON CAUSES

Open sores, often called non-healing wounds, can occur for many reasons. Some of the most common are:

- Poor circulation
- Diabetes
- Kidney disease
- Leg swelling
- Pressure or friction
- Tobacco use
- Vein disease

OUR COMPREHENSIVE SUITE OF VASCULAR SERVICES INCLUDES

- Peripheral artery disease (PAD) treatment, including artherectomy, angioplasty and stenting
- Venous disease treatment, including endovenous ablation (EVA), ambulatory phlebectomy, ultrasound-guided sclerotherapy and cosmetic sclerotherapy

WHAT RAYUS VASCULAR CARE MEANS FOR YOU AND YOUR PATIENTS

- Peer-to-peer consultations with an interventional radiologist
- Our team of dedicated health care providers will keep you informed of your patients' treatment options and you will have access to your patients' results through our medical professionals portal—insideRAYUS.com
- We are committed to providing high-quality care with a patient-centered approach



CALL 952.738.4477

EMAIL RAYUSVascularCare@RAYUSradiology.com

RAYUSradiology.com/vascularcare

SHINE ON



DEAR COLLEAGUE

On behalf of the Minnesota Podiatric Medical Association, it is my pleasure to welcome you to the **Twin Cities Foot & Ankle Conference**.

Our three-day conference will cover the entire spectrum of foot and ankle care in sessions aimed at enhancing your skills in sports medicine, wound care, trauma, pain management, pediatrics, new surgical techniques and treatments of foot and ankle conditions, and much more. Back by popular demand is the fireside chat and case review on Thursday that will offer unique, challenging, and thought-provoking discussion on cases provided by your colleagues.

The MPMA's annual business meeting will be held on Thursday at 6:15 PM where members will receive an update on the association's activities and other important information. On Friday at 6:00 PM, the MPMA will host a reception for all attendees to reconnect with colleagues and industry members while enjoying cocktails and appetizers.

Don't forget to stop by the exhibit hall and learn about new innovations, products, and services that you do not want to miss from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of excellent prizes.

We are grateful for the support our industry partners provide us and the vital role that they play in our community.

We hope that you will find the conference to be an exceptional event that delivers the high-quality education you expect from your association.

All my best,

Kyle Abben, DPM, FACFAS
SCIENTIFIC COMMITTEE CHAIRMAN

SCIENTIFIC COMMITTEE

Kyle Abben, DPM
CHAIRMAN

Stephanie Kvas, DPM

Kevin Mahoney, DPM

Christopher Neese, DPM

Ryan Reinking, DPM

Allison Willkom, DPM

Michelle Winder, DPM

TWIN CITIES FOOT & ANKLE CONFERENCE

THANK YOU

TO OUR CORPORATE SPONSORS

PLATINUM



GOLD



SILVER



GENERAL INFORMATION

CONFERENCE LOCATION

Saint Paul RiverCentre
175 West Kellogg Boulevard
Saint Paul, MN 55102

CONFERENCE PARKING

Entrances: The upper entrance is located on Kellogg Boulevard and the lower entrance is at the intersection of Eagle Street and Chestnut Street. **Skyway Connection:** The ramp is directly connected to all event facilities through a climate controlled skyway.

CONTINUING EDUCATION

The Minnesota Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Minnesota Podiatric Medical Association has approved this activity for a maximum of 20 continuing education contact hours.

INTENDED AUDIENCE

The intended audience for the conference is podiatric physicians.

CANCELLATION POLICY

A \$50.00 administrative fee will be charged to any cancellation. Cancellations must be made in writing to info@mnppma.org by October 1, 2023. No refunds for cancellations will be honored after this date. Refunds are not granted to no-shows.

COMMERCIAL FINANCIAL SUPPORT

No commercial interest provided financial support for this continuing education activity.

Exhibit Booths Visit & Win Prizes!

Stop by the exhibit booths to explore and learn about new innovations, products and services from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of prizes!



REGISTRATION INFORMATION

| REGISTRATION CATEGORY | REGISTERED BY OCTOBER 1, 2023 | REGISTERED AFTER OCTOBER 1, 2023 |
|-----------------------|----------------------------------|-------------------------------------|
| MPMA Member | Free | \$99 |
| APMA Member | \$499 | \$549 |
| Non-APMA Member | \$799 | \$849 |
| APMA Resident Member | Free | \$99 |
| Student | Free | Free |

SCHEDULE AT-A-GLANCE

Thursday, November 9, 2023: 1:00 PM - 6:15 PM (5 CECH)
 Friday, November 10, 2023: 7:00 AM - 6:00 PM (9.5 CECH)
 Saturday, November 11, 2023: 7:00 AM - 1:15 PM (5.5 CECH)

20 CECH Total

LEARNING OBJECTIVES

Upon the conclusion of the Twin Cities Foot & Ankle Conference, podiatric physicians will be able to:

- Describe and better implement emerging medical and surgical trends in forefoot and midfoot surgery.
- Assess complex pathoanatomy of the foot and ankle and effectively apply evidence-based treatments to surgical practice.
- Describe clinical research design and implementation as it pertains to foot and ankle surgery.
- Demonstrate a deeper understanding of complex foot and ankle surgical pathology and how to manage complications more effectively.
- Display a better understanding of bunion deformities and various surgical treatment options and be able to implement new techniques into their practice.
- Understand principles that contribute to effectively diagnosing and managing both cavus and flatfoot patients.

CECH POLICY

In accordance with Council on Podiatric Medical Education requirements, MPMA is required to monitor educational session attendance to verify CECH earned by each attendee.

Badges are bar-coded with each attendee's personal information. You must scan your badge during the scanning times noted below to earn CECH. Your scan times will be recorded and CECH awarded accordingly.

THURSDAY NOVEMBER 9

1st Scan:

When you arrive
at the conference

2nd Scan:

When you leave
the conference

Total CECH: 5

FRIDAY NOVEMBER 10

1st Scan:

When you arrive
at the conference

2nd Scan:

12:00-1:00 PM

3rd Scan:

When you leave
the conference

Total CECH: 9.5

SATURDAY NOVEMBER 11

1st Scan:

When you arrive
at the conference

2nd Scan:

When you leave
the conference

Total CECH: 5.5

CECH certificates will be emailed to attendees by December 1, 2023

SCHEDULE

THURSDAY, NOVEMBER 9, 2023

| | | |
|--------------|-----------|---|
| 1:00-2:00 PM | (1 CECH) | Referral Pearls from a Pediatric Physical Therapist – Desiree Demcak, DPT What You Need to Know About Little Feet – Wendy Moon, APRN, CNP Ballrooms C/D |
| 2:00-3:00 PM | (1 CECH) | Pre-Operative Bone Health Optimization: Improving Your Outcomes before Incision Jared Torkelson, PA-C, MPAS Ballrooms C/D |
| 3:00-4:00 PM | (1 CECH) | State of the State: Research & Case Studies from Minnesota Residency Programs <ul style="list-style-type: none"> • Major Cavus Reconstruction for Late-Stage Deformity of the Foot & Ankle Associated with Volkman's Contracture – Justin Metli, DPM • Proposed Treatment Algorithm for Recurrent Peroneal Tendon Pathology Despite Previous Surgical Intervention – Gabriella Ley, DPM • Long Term Outcomes of Choparts Amputations: A Case Series – Kelly Bier, DPM • Revision STJ Fusion for Heel Varus & Lateral Column Overload – Procedure Selection & Logistics in a Patient with Prior STJ Fusion & TAR for Valgus Foot & Ankle Deformity – Ben Tonsager, DPM • Prevention of Major Amputations at Hospitals with a Podiatric Hospitalist On Staff – Alyse Acciani, DPM, MPH • Chronic Post Traumatic Compartment Syndrome in the Lower Extremity: A Novel Diagnosis – Alyse Acciani, DPM, MPH • Achilles Turn Down Flap with Flexor Hallucis Longus Transfer in Patients with Neglected Achilles Ruptures – Spencer Arndt, DPM Ballrooms C/D |
| 4:00-4:15 PM | (No CECH) | BREAK <i>Hospitality Suite Sponsored by Paragon 28</i> |
| 4:15-6:15 PM | (2 CECH) | Fireside Chat & Case Review This session includes unique, challenging, & thought-provoking discussion on cases provided by your colleagues. Cocktails & appetizers will be served. Moderators: Kyle Abben, DPM, Kevin Mahoney, DPM, Christopher Neese, DPM Ballrooms A/B |
| 6:15-6:45 PM | (No CECH) | MPMA Annual Business Meeting Ballrooms A/B |

SCHEDULE

FRIDAY, NOVEMBER 10, 2023

| | | |
|-------------------|-------------|--|
| 7:00-9:00 AM | (2 CECH) | BREAKFAST & LEARN Rapid Fire Panel Discussion Panelists: Kyle Abben, DPM, Andrew Lundquist, DPM, Matthew Sorensen, DPM, Michelle Winder, DPM Moderator: Scott Jorgensen, DPM Ballrooms C/D |
| 9:00-10:00 AM | (1 CECH) | Chronic Venous Insufficiency: More than a Cosmetic Problem – Nicholas Frank, MD Moderator: Kevin Mahoney, DPM Ballrooms C/D |
| 10:00-10:45 AM | (No CECH) | BREAK – VISIT EXHIBITORS |
| 10:45 AM-12:00 PM | (1.25 CECH) | Hallux Limitus <ul style="list-style-type: none"> • Resurfacing 1st MPJ Implant & Converting to Arthrodesis – Kyle Abben, DPM • Hallux Limitus: A Consensus – Michael Zimmerman, DPM • 1st MPJ Arthrodesis in the Rheumatoid Foot – Kevin Mahoney, DPM Moderator: Kevin Mahoney, DPM Ballrooms C/D |
| 12:00-1:00 PM | (1 CECH) | LUNCH & LEARN Damage Control: An Overview of Clinical Solutions to Complex Cases Jeffrey Loveland, DPM Moderator: Kevin Mahoney, DPM Ballrooms C/D |
| 1:00-2:45 PM | (1.75 CECH) | Dermatology Pearls for Monday – Tracey Vlahovic, DPM Moderator: Michelle Winder, DPM Ballrooms C/D |
| 2:45-3:30 PM | (No CECH) | BREAK – VISIT EXHIBITORS |
| 3:30-4:30 PM | (1 CECH) | Office Based Sports Medicine Modalities: Shockwave, US Guided Procedures & 3D Printing – Paul Langer, DPM Ballrooms C/D |
| 4:30-6:00 PM | (No CECH) | TRACK ONE Skin Surgery Technique Lab – G. “Dock” Dockery, DPM <i>Sponsored by Sagis Diagnostics</i> Ballrooms A/B |
| | (1.5 CECH) | TRACK TWO Sports Medicine & Arthroscopy <ul style="list-style-type: none"> • Multiligamentous Ankle Injuries – How to Differentiate Operative from Nonoperative Injuries – Kyle Abben, DPM • Arthroscopic Ankle Fusion – Steven Smith, DPM • Treatment of Osteochondral Lesions of the Ankle with Arthroscopic Microfracture – Kevin McCann, DPM • Treatment Options for Contained Versus Uncontained Osteochondral Lesions of the Ankle – Kevin McCann, DPM Moderator: Kyle Abben, DPM Ballrooms C/D |
| 6:00-7:00 PM | (No CECH) | ATTENDEE RECEPTION Cocktails & Appetizers <i>Sponsored by Minnesota Podiatric Medical Association</i> |

SCHEDULE

SATURDAY, NOVEMBER 11, 2023

| | | |
|-------------------|-------------|---|
| 7:00-8:00 AM | (1 CECH) | BREAKFAST & LEARN State of the State: Research & Case Studies from Minnesota Residency Programs <ul style="list-style-type: none"> • Cavus Foot Reconstruction Following Previous Ankle Fusion with Dwyer Calcaneal Osteotomy – Michaela Heys, DPM • Limb Preservation with Tibiotalar Calcaneal Fusion after Open Ankle Fracture with Tibial Osteomyelitis – Madison Leyk, DPM • Achilles Bone-Tendon Allograft Replacement for Treatment of Chronic Insertional Tendon Rupture in the Setting of Chronic Tendinosis: A Small Case Series to Demonstrate Procedure Selection Criteria & Surgical Technique Pearls – Danielle Nack, DPM • Concurrent Treatment of Painful Hallux Valgus & Brachymetatarsia with Autograft Harvest from the 1st Metatarsal Base to Perform Single-Stage Lengthening of the 4th Metatarsal – Curtis Marker, DPM • Ankle DJD Associated with Syndesmotic Instability Despite Early ORIF: Logistics of Arthroscopic Assisted Repair Utilizing Flexible Fixation – Katie Diol, DPM • Primary Repair of Achilles Tendon Ruptures: A Case Series Highlighting a Procedure Selection Protocol & Surgical Technique Pearls – Peter Hollinger, DPM • Early Weightbearing after Distal Fibula Fracture ORIF With & Without Syndesmotic Fixation – Kelly Gould, DPM Ballrooms C/D |
| 8:00-9:45 AM | (1.75 CECH) | Diabetic Foot Osteomyelitis: A Multidisciplinary Approach <ul style="list-style-type: none"> • Toe & Flow in the Multidisciplinary Team Approach to Diabetic Foot Osteomyelitis: Is Less "Toe" Surgery Better? – Dave Griffin, DPM • Diabetic Osteomyelitis & Optimizing Perfusion - A Vascular Surgery Perspective – Christopher McAninch, MD • Antibiotics for Osteomyelitis – Warren Joseph, DPM Moderator: Allison Wilkom, DPM Ballrooms C/D |
| 9:45-10:30 AM | (No CECH) | BREAK – VISIT EXHIBITORS |
| 10:30 AM-12:00 PM | (1.5 CECH) | TRACK ONE Trauma <ul style="list-style-type: none"> • Hallux Injuries – Lindsey Hjelm, DPM • Lisfranc Fracture Dislocation Injuries – Lindsey Hjelm, DPM • MIS Ankle Fractures – Steven Smith, DPM • Isolated Metatarsal Fractures – Kevin McCann, DPM • Mangled Foot Injuries – Garrett Wobst, DPM • Calc Fractures – Garrett Wobst, DPM Moderator: Ryan Reinking, DPM Ballrooms C/D TRACK TWO Pain Management <ul style="list-style-type: none"> • What's the Deal with Multimodal Analgesia? – Justin Hora, PharmD • Acute on Chronic Pain Management in the Podiatric Patient – Angeline Baker, APRN • Recognizing Patients with Addiction in the Podiatric Practice – Susan Blank, MD Moderator: Christopher Neese, DPM Ballrooms A/B |
| 12:00-1:15 PM | (1.25 CECH) | LUNCH & LEARN How You Can Use AI to Make Clinical Practice More Efficient Andrew Lundquist, DPM, MBA Moderator: Christopher Neese, DPM Ballrooms C/D |

F R I D A Y N I G H T

Reception

P L E A S E J O I N U S

FRIDAY
NOVEMBER 10, 2023
6:00 PM

S A I N T P A U L R I V E R C E N T R E



COCKTAILS AND APPETIZERS WILL BE SERVED

CONTACT US



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